# PE-RU-NA STRENGTHENS THE ENTIRE SYSTEM.

F. S. Davidson, Ex-Lieut. U. S. Army, Washington, D. C., care U. S. Pension Office, writes:

"To my mind there is no remedy for catarrh comparable to Peruna. It not only strikes at the root of the malady, but it tones and strengthens the system in a truly wonderful way. That has been its history in my case. I cheerfully and unhesitatingly recommend it to those afflicted as I have been."—F. S. Davidson. Secretarion Commence

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full state-ment of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus,

So. 37.

#### Pointed Paragraphs.

A dangerous thing about an heiress losing all her money is that all her good looks go with it.

A nice thing about having a bald head is you don't have to worry about when your bair turns gray.

When a woman tells you that they don't sit on the floor to put on their stockings, what makes them think

you think so?

There is never any need to lie to your wife if you can only get her into a frame of mind where she will not believe anything you say.

Many men act as though they thought there were some mighty poor bookkeepers in the Lord's office.

The longer a man travels without meeting trouble the more likely is it to topple him over when it comes.

The preacher who advertises his doubts would trot out a line of faith if he thought there was more money

The flock is likely to suffer for feed when the pastor gets too anxious about his fees.

CHICKEN ROLLS. Melt four tablespoonfuls of butter, add a pinch of salt, a wittle pepper and two tablespoonfuls of lemon juice. Mix with this one cupful of minced chicken; add ene-third cupful of milk and thicken with a little flour. Mould into rolls or croquettes and fry in hot fat. Serve with a white sauce seasoned with lemon juice.

#### EXXPENSIVE. "No. I've decided never to accept

friendly advice any more." "Why not? It doesn't cost you anything."

"Well, I've found that it usually costs me my friend."-Philadelphia Press.

FIXED.

"Have you any fixed opinions regarding the proposed franchise?" asked the interviewer.

"Before answering your question," responded the municipal official, "I should like to know precisely what you mean by the word 'fixed.' "-Washington Star.

The Pekin robin is becoming naturalized in the parks of London.

#### STRONGER THAN MEAT. A Judge's Opinion of Grape-Nuts.

A gentleman who has acquired a judicial turn of mind from experience on the bench out in the Sunflower State, writes a carefully considered oplnion as to the value of Grape-Nuts as food. He says:

"For the past five years Grape-Nuts has been a prominent feature in our bill of fare.

"The crisp food with the delicious, nutty flavor has become an indispensable necessity in my family's everyday

"It has proved to be most healthful and beneficial, and has enabled us to practically abolish pastry and pies from our table, for the children prefer Grape-Nuts and do not crave rich and unwholescme food.

"Grape-Nuts keeps us all in perfect physical condition-as a preventive of disease it is beyond value. I have been particularly impressed by the beneficial effects of Grape-Nuts when used by ladies who are troubled with face blemishes, skin eruptions, etc. It

clears up the complexion wonderfully. "As to its nutritive qualities, my expeience is that one small dish of Grape-Nuts is superior to a pound of meat for breakfast, which is an important consideration for any one. It satisfies the appetite and strengthens the power of resisting fatigue, while its use involves none of the disagreeable consequences that sometimes follow a meat breakfast." Name given by Postum Co., Battle Creek, Mich.

There's a reason.

## THE PULPIT.

A BRILLIANT SUNDAY SERMON BY DR. CHARLES EDWARD LOCKE.

Subject: Music and Culture. Brooklyn, N. Y .- Dr. Charles Edward Locke, pastor of the Hanson Place M. E. Church, preached Sunday on "Musie as a Factor in Culture." He took his text from Psalms el:1: "Praise ye the Lord." Dr. Locke said: From that moment in the creation

when the morning stars sang together and the brooks went singing down the hillsides of Eden, and the birds made glad the dawn of time with their thrilling melodies, music has had an indisputable place in the world. The study of music is a liberal education. Music, like poetry, makes its appeal to the noblest instincts of the soul. It is said that the inhabitants

of Cynette, who slighted music, were the cruellest of all the Greeks and no other town was so immersed in luxnries and debauchery.

Christianity was born with a song Mary sang in thrilling on its lips. Mary san, in thrilling measures of the Magnificant the angels sang in their tumultuous hallelujah chorus; and the shepherds sang in plaintive strains of quitt eestasy. And the world has been singing ever suce. Paganism does not sing: it laments. Pagodas and mosques do not lighten their sombre interiors with music. but every Christian church, however humble, is a conservatory of sweetest

Music is both a science and an art. As an art it does not, as do painting and sculpture, occupy itself in reproducing nature-for it is Itself a part of nature, and seeks to reveal itself. The Egyptians first excelled in music. but great strides were made by the Greeks under Pythagoras. The word music is derived from a Greek term. which includes all the learing of the Muses. Of all the fine arts, music is the most comprehensive. The majesty of the architect, the pictures of the artist, the rhythm of the poet and the themes of all these belong to the musician, whether he sits at the instrument or pours out his soul in vocal melodies. The fable tells that Mercury stretched strings of Gried skin across a shell, and, striking them with his fingers, invented the lyre. The bow as a musical instrument was probably first used by the warrior, who, as he described his successes in battle, twanged the string of his bow. It was later discovered that the bow, when drawn across certain hollow objects, produced pleasing soundsthence the lute and the violin. Music has been called the universal language. and truly it is a means of communication between all souls, whatever clime may have given them birt .. It is the most responsive of all the arts -the most human. It more nearly breathes and sees and feels. It possesses all the varying hues of the The music of the siren would allure Ulysses to his death and the monotonous tones of the bell buoy direct the imperiled mariner to safety. Tumultuous music is the completest expression of happy souls on festal days: and tender, sombre strains interpret the language of sad hearts when a nation mourns for its martyred heroes. Glac hallelujah, or penitenfial psalm, expresses the contrasting emotions of the soul.

Music was defined by our own Sidher Lanier as "love in search of a There is an inexpressible word." something in the heart of man which seeks to define itself in speech, but, failing in this, music flies to his relief and in melody be pours out his imprisoned soul. Music is the language of the over-soul: it is the soul prolonging, or projecting itself. The highest music cannot be expressed in words. This is the explanation of the angel's advent anthem and of all musie in worship. The deeper the soul life the more is one conscious of feelings beyond the limitations of articulate utterance. In the attempt of the finite soul to praise and glory the Infinite all earthly devices of language utterly fail, and music only, which is an adjunct of the infinities, enables man to sing what he can never express, his adoration and gratitude to his great God and King. Consequently, whenever religion is the sincerest, then music will be the purest. Music is the echo of God's voice in the soul of man. Without that echo man's soul is a cavernous abyss, filled

with specters of despair.

Music is a gift of God. Like all the sciences, it is a radiation of divine truth. Pythagoras taught a close affinity between music and astronomy. He was right so far as he went, but music leads men up to the perpetual throne of glory, of which stars and constellations are but glittering sciutillations. St. Cecelia, receiving her music from angel visitants, tells the secret of the musician's power. Great musicians are born, not made. Their extraordinary genius is an endowment manifesting itself in phemonenal ways in childhood, as in the cases of Mozart, Liszt and Christine Nils-

The divinity of music further appears in the fact that the greatest musicians have been good men; and to develop the mighty impulses which they have felt in their souls the great musicians have chosen lofty divine themes. This was true of Jubai and Job. of David with his harp, and Solomon with his sweet sougs. It was true of Beethoven, whose soulful sonatas have won for him a genuine priesthood of the emotions; and of Bach, whose elaborate fugues have been likened to Gothic temples in their intricate details. It was true of Mendelssohn, who, in thirty-eight years, filled the souls of men with musical pictures; and of Batiste and Schumann; and of Chopin in his nocturnes; and of wierd if not unearthly Paganini, with his miraculous Stradivarius. It was true of Mozart, whose thirty-five years gave the world such treasures from the lufinite that he is traly exhaustless; and of Liszt, who dving as late as 1886, seems to belong to us. At eight he was the wonder of Europe: at twelve Beethoven braced him as a coming master. During the days of his best work. Thomas a Kempis' "Imitation of Christ' was his constant companion. It was true of Wagner, picturesque, unique, once osimelsed now hearly worshiped. "The Holy Grail" is the "the Holy Grail" theme of one of his masterful operas Most true was it of Haydn, the father of symphony, whose massive oratorio of "The Creation" brings men into the presence of God's colossal creative power: and true, indeed, of Handel. the majestic grandeur of whose masterpieces has remained unequalled for two centuries. There was another incarnation when he produced his divinest work, the oratorio of "The Mes-

It is the mission of music to softer and remove the asperities of men. It helps to unify the race and make them nomogeneous. Sectarianism slinks into hiding places of shame, as Charles Wesley, a Methodist, sings "Jesus,

siah," which no doubt he was right in

believing came to him from above.

Lover of My Soul," and Toplady, a Colvenist "Rock of Ages," and Sara Adams, a Unitarian, "Nearer My God to Thee," and Whittier, a Quaker, "The Eternal Goodness," and Faber, a Roman Catholic, "There's a Wideess in God's Mercy," and Doddridge. a Baptist, "C, Happy Day," To-day these well-known hymns are sung by ah and claimed by all. In spite of concoversy and unbelief, the music of the Christian Church is saving the world for the Caristian Christ. The hymn and the singer are often a long way in advance of the sermon and

hearer in evangelizing influences. Music refines and eunobles. In the days of chivalry the sir knights studied music because of its elevating and purifying influence. Music brightons life's dark places and soothes the heart in trouble. Many prison doors have opened and manacles burst asunder when troubled hearts have sung ongs in the night. Music was believed by the ancients to have healing power, and was used as a therapeutic. Many weary soldier, tired and footsore, has caped on to victory under the magic

mell of tife and drum. There is a quaint belief that singing receded speaking. Alas! perhaps one f the entailments of sin is that singng has degenerated into discordant. rasping speech. Perhaps, when man shall have reached his highest earthly estate the means of communication will be in the soft tones of chastest music.

Music, if not more perfectly than printing, the art preservative of all art, is surely the best interpreter of all art and science. The mystery and miracle of truth reveal their open sesame when studied through the atmosphere of music. The minster. graceful with gothic beauty, or massive with Romanesque magnificence, can only be filled to groined rches and spreading dome by music's swelling tones. Music gives a motif to architecture. The art gallery's corridors, or belvederes only reveal the master's secret in marble or canvas as divinest music fills up all the interstices of finiteness. And poetry never reveals its most exquisite tints of beauty and truth except when in the companionship of music, its twin sis-Theology would have none but altars to the unknown God if music lid not dream, and prophesy, and feel, in the priestly office. Music i: what Waiter Pater called "the great Anders-Streben-reaching forward of all art." It is the soul of man endeavoring to come to its own-to express and realize and fulfill itself. It helps Browning's grasp to acquire its reach.

Music is thus an intellectual factor. is not so much a truth seeker as it is a truth finder. It does not delve among the rocks, but it comes down like a dove from above, singing, "This Is My Beloved Son!" It dwells in the heights and shouts "Excelsior!" from peak to peak, and makes life's dizzy Unine uplands echo with hope.

Granting that music furnished to culare its initial impulse, and that music more than any other factor sustains the quest of man's nature for the highest and holiest achievements. I dare to submit the deliberate conclusion that instrumental, and well as vocal, music should be a part of the public school curriculum for every child. Alas! that the children whom posterity affords the opportunity of musical study often so little appreciate these privileges, while many who crave these facilities are deprived of them by povrty. Even the boys and girls who are ompelled to leave school to enter upon he problems of making a living, would live a larger and more hopeful life if heir musical instruction had included

familiarity with an instrument. As is his Maker, so man is a spirit. Juscle and brain are merely temporary expedients by which man, as spirit. Shall for a brief season tarry upon this earth. When painting, and sculpture. and architecture, and, perhaps, even poctry, shall have ended their earthly ministry, music will be revealing the athomiess mysteries of spirit and life. Music is the language of celestial throngs. True eloquence is thought winged with music. The Infinite God more perfectly worshiped with muical accompaniment because music goes beyond language and logic and onens up the vistas of faith through which can be seen the King in His beauty. Do you ask me which is the mightier agency for culture. Bacon or Beethoven? Spencer or Schumann? Kant or Mendelssohn? and I will answer that science and philosophy have their own important places in the foundation of intellect and character. and are as necessary to the soul as food to the body: music, however, not only has its mission side by side with hese, but when the present conclusions of men shall be abandoned for the completer revelations of the all truth of Him who is the Way, the Truth and the Life, then music, which was never anything but divine in its nature and influence, shall be our old familiar friend increasing in divinity as our own evolving souls are permitted to comprehend and participate in that

### The Body's Cross.

Keep green my love, keep fresh my remembrance, keep young my heart. Feed me with the feast of yesterday; stir me with the songs of yesterday brace me with the breezes of vesterlay; glad me with the glow of yesterday. Let me walk the valley by the memory of the mountain air, by the health of the spirit let me bear the body's cross.-George Matheson.

God in Your Life.

Religion at its best is a high, but still increasing, consciousness of God's are one" is the humblest word a man can atter, when it is but another version of the prayer, "Not my will, but When that Gethsemane prayer is prayed and meant and lived, the other word, "I and the Father are La. one," becomes the simple fact.

Caught Shark With His Hands.

Dr. E. E. Tull, the noted gynecologist, came to New York from the eastern shore of Maryland, commonly supposed to be a part of the Garden of Eden transplanted. Last Saturday a shark appeared in the shallow water under the pier of the Wa-Wa-Yanda club on Cap Tree island. In less time than it takes to write it. Dr. Tull shed his clothes, leaving on nothing but his shirt, and was wading in the direction of the monster, tiptoeing so as not to disturb him. The tiger of the sea appeared to be hypnotized. "Hand me a gaff." the Marylander whispered, and a small instrument, such as we fishermen save a seventeen-pound bass with, was passed to him. The water was just up to his knees. When within five feet of the shark he drove the gaff into its neck, at the same time plunging forward and grasping it by the tail. The struggle lasted three minutes, then Mr. Shark was dragged ashore. It measured 41/2 feet .- New York Press.

#### SCHOOL SUNDAY

INTERNATIONAL LESSON COMMENTS FOR SEPTEMBER 17.

Subject: Daniel in Babylon, Dan. 1., S-29 -Golden Text, Dan. i., 8 - Memory Verses, 16-17 - Commentary on the Day's Temperance Lesson.

1. The temptation. These young men were controlted with a powerful temptation. A desire to obey the king s commandment, love of popularity, appetite, a desire to succeed-these were strong attractions. They were slaves in a strange land, and was it not necessary to fall in with the customs of the people? They were tempted (1) to do that which was degrading; (2) to disobey the law of their God; (3) to deny their religions and God and fall in with idolatrous worship.

II. The temptation resisted (v. S). "Purposed in his heart." He decided what he would do and then took the wisest possible way to accomplish it. At first he made only a simple request. It was not political strategy; his actions were not planned to catch the eyes of the king. The first emotion of his heart was loyalty to God; this led to his resolution. Daniel did not trifle with God or his conscience. They changed his name, but could not change his nature. "Would not defile himself." The Hebrew who are without restriction at Nebuchadnezzar's table could not but defile himself. "Nor with the wine." He feared the degradation which would follow from wine drinking. "He requested." Observe the courtesy, and yet he was in-Bexible. "The prince," etc. Ashpenaz (v. 3), chief chamberlain.

III. The ten days' rest (vs. 9-16). 9. "Into favor." Ashpenaz saw that Daniel was a young man of integrity and noble, loving character. His person was beautiful and doubtless his manners were attractive. The best way to please others is to please God first. 10. I fear-the king." He does not positively refuse the favor which Daniel seeks. This appeal by Ashpenaz was very persuasive; and while Daniel did not wish to imperil the life of his benefactor, yet he felt that it was safe to do right and that God would deliver them.

"Melzar." This is not a proper 11. name, but should be read "the melzar," the chief butler, or steward, the one who had charge of their food. 12. "Prove." Test us; experiment for a short time and watch the result. "Give us pulse." A vegetable diet, with water instead of wine.

13. "Then-deal with thy servants." These words were spoken with quiet confidence as to the result. A number of other boys besides these four were undergoing the same training. A fair test, to place these young abstainers beside those who partook of the royal banquets, and see which company presented the most vigorous appearance. 14. "Ten days." This would afford ample time to show the effect of steady, good food on their health. Daniel had strong faith in God, and he felt sure that he and his companions would present the best appearance. 15. "Fairer and fatter." The complexion was healthier and clearer. meant that if a man would be intemperate he should himself proclaim it to the world. The glutton, the drunkard, the debauchee, carry the stamp of their deeds upon their features. A depraved character corrupts the flesh that carries it.

IV. Honored by God and man (vs. 17. "God gave them knowletc. 1. Through the highest physical condition, which made their minds clear. 2. By imparting it to them directly, as the visions recorded ater. 3. By giving His blessing to their daily studies, aiding their minds by His Spirit, opening wider doors to knowledge through His providence. 4. By keeping them from those vices, from conceit and selfishness, which distort the judgment and dim the perception of truth. Whatever we may give to God of faith, or work, or trust, or love, or zeal. He gives back again large interest, good measure, with pressed down and shaken together and running over-ten, twenty, thirty, sixty or an hundred fold, in whatever we need most from Him. "In all learn-"In science, astronomy, literaing." ture, philosophy, the Chaldeans stood at this time at the head of the world. They had the beginnings of chemistry and even of the telescope." "In all visions," etc. God gave a double portion to Daniel. He was endued with a prophetical spirit, by which he was enabled to converse with God and to receive the notices of divine things in dreams and visions. Visions were revelations to the prophets when awake, and dreams when asleep. God thus made one of the despised covenant people eclipse the Chaldean sages in the very science on which they mest prided themselves. So Joseph, in the court of Pharaoh (Gen. 40:5: 41:1-8). 18. "End of the days." After three

years (v. 5), the time fixed for their 19. "King communed." training. Talked with them, tested their progress, learning and talents. He put them through a test examination. "Before the king." "To be his personal advisers and among the leading officers of the kingdom. All officers and servants stood when in the presence of the monarch." 20. "Ten times better." Probably a high court of learning was held, at which the king presided and the nobles and sages of the land assisted. These proposed difficult questions, which the youths readily answered and were in turn allowed to put questions which the sages could not answer. They were better coun-selors and better informed than the life in one's own. "I and the Father others. Daniel continued in influence and authority, at different times, during the whole of the seventy years of captivity. It is commonly believed that when the captives returned he remained in Chaldea, probably detained by his employment in the Persian empire, and that he died in Babylon.

> Snails Hard to Kill. Snails are slow even when it comes to dying, and one naturalist who had mounted a shell upon a card was surprised to find four years later that the warm water employed in soaking the shell off the mount had revived the inmate, which he had long supposed to

> be dried and dead. Several specimens in another collection were revived in a similar manner after they had lain in a drawer for some fifteen years. These had not been glued to a card, but had been left lying loose, and, though frequently handled, had shown no signs of life.

They were thrown into tepid water with the idea of cleaning the shell but to the surprise of the owner t snails were found creeping about t basin when he returned to complete the task.

THE MAIN THING. Lawyer-You can't bring suit against that man. Client-Why not? Lawyer-No action will lie. Client-But my witnesses will.

More Girls Enrolled.

More girls are enrolled every term on the registers of the women colleges, says the New York Sun. They are sure to increase more and more in numbers, and it is inconceivable that their influence on our society should not be stronger and more beneficial every year. It will not be their least advantage that they are absolutely a national product, to be found in no other society in the world than

our own. An increasse of \$57 000.000 over the preceding year is a gratifying exhibit in our export trade statistics, says the New York Sun. Taken by itself. the sum calls for an imposing row of ciphers, even in these days when millions are counted as thousands were a few years ago. It is particularly gratifying to note that the increase is represented, practically in. its entirety, by the export of wares classed as manufactures.

Ring Found After 35 Years. The other day Hakon Hanson was digging up the garden in the yard in the rear of Myron G. Willard's home at Mankato when he found a little gold baby ring. On the inside of the ring was engraved "Kittie Wagner" .. script.

The Kittie Wagner that lost the ring is now one of the prominent women of this town. Thirty-five years ago she, a little girl, attended the primary grade at the Pleasant Grove school, which is within a half block of the garden, and while playing at recess one day she lost the little ring .- St Paul Dispatch.

TERRIBLE THERE. "He was a pretty fair sort of boxer when he was in the ring, but I can't understand why he is billed as the Terrible Tim."

"Perhaps you have never seen him on the stare."-Chicago Tribune.

YELLOW CRUST ON BABY Would Crack Open and Scab Causing Ter-

rible Itching-Cured by Cuticura. "Our baby had a yellow crust on his head which I could not keep away. When I thought I had succeeded in getting his head clear, it would start again by the crown of his head, crack and scale, and cause terrible itching. I then got Cuticura Soap and Ointment, washing the scalp with the soap and then applying the Ointment. A few treatments made a complete cure. I have advised many mothers to use Cuticura, when I have been asked about the same ailment of their babies. Mrs.

John Boyce, Pine Brash, N Y

A very trite saying, remarks the San Francisco Argonaut, is that the honor of public men should be as sensitive as that of a woman, and there is a great deal in it, since they involve not only themselves but the country for which they appear before the world as representatives.

A Frame House 100 Years Old. A frame house can be kept in good order for a hundred years, if painted with the Longman & Martinez L. & M. Paint. It won't need to be painted more than once in ten to fifteen years because the L. & M. Zinc hardens the L. & M. White Lead, and gives it enormous life. Four gallons Longman & Ma. tinez L. & M. Paint mixed with three gallons linseed

W. B. Barr, Charleston, W. Va., writes: Painted Frankenburg Block with L M.; stands out as though varnished." Wears and covers like gold.

Sold everywhere and by Longman & Martinez, New York. Paint Makers for Fifty Years.

Germany's African war has already cost nearly \$50,000,000

The male singer who creates a rumpus about his family affairs in the divorce courts finds little sympathy. Operatic advertisement of this kind is distinctly a feminine prerogative, concludes the Washington Star.

FITSpermanently cured. No fits or nervous-ress after first day's use of Dr. Kline's Great NerveRestorer, \$2trial bottleand treatise free Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa.

Shepherds believe the wool on a sheep's back is an unfailing barometer.

Mrs. Winslow's Sootning Syrup for Children sething, soften the gums, reduces inflamma tion, allays pain, cures wind colic, 25c. a bottle. Shaving the beard was introduced by

the Romans about 300 B. C. Piso's Cure is the best medicine we ever use !

for all affections of throat and lungs.—Wx. O. Endsley, Vanburen, Ind., Feb. 10, 1900. The Irish have never taken kindly to sea

In Your Rome Sloan's Liniment is the best antiseptic to keep handy Kills yellow fever and malaria germs.

The first ascent of a balloon was in June, 1783.

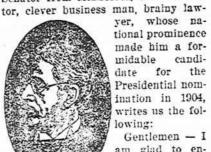
MODEST YOUNG MAIDEN. Tess-Yes, Miss Prim was going to write to her fiance to day, but she was just lounging around in a dressing gown and she was too lazy to get

dressed up. Jess-Why should she get dressed up just to---

Tess-Oh, gracious! She wouldn't think of writing to him while she was indishabille.-Philadelphia Press.

U. S. SENATOR TOWNE Credits Doan's Kidney Pills With a Gratifying Cure. Hon. Charles A. Towne, Ex-U. S.

Senator from Minnesota, brilliant ora-



tional prominence made him a formidable candiam glad to en-

dorse Doan's Kid-

nev Pills. The remedy was recommended to me a few months ago when I was feeling miserable; had severe pains in the back; was restless and languid; had a dull headache and neuralgic pains in the limbs and was otherwise discressed. A few boxes of the pills effectually routed my ailment and I am glad to acknowledge the benefit I derived.

(Signed) CHARLES A. TOWNE. Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price, 50 cents per box.

FRUITFUL FURNACES.

INTENSE HEAT PRODUCES FRECIOUS STONES.

Scientists Have Succeeded in Plucking Real Diamonds and Rubies From the Crucible of the Furnace.

Recent advices from France state that Professor Moissan, the eminent scientist and inventor, has actually succeeded in making genuine diamonds and rubies. He employs for this purpose the electric furnace. which has been so improved that a degree of heat can be produced approaching the extreme temperatures which were undoubt-dly a factor in the formation of minerals and gems in the interior of the earth.

The rubies obtained are of large size, weighing ten or fifteen carats. and in quality and color equal and even surpass those found in the earth. The natural forces attending the formation of diamonds seem to have been more complicated, and so far the diamonds resulting from the efforts of the scientists have been very small. but still they are positively identified as the carbon crystal-the diamond. They are remarkably clear and bright. and on a small scale as fine specimens as nature's own product.

The electric furnace has enriched chemistry with a whole series of new compounds. Probably the one of most value to mankind at large is Calcium Carbide. The simple application of water to Calcium Carbide generates the gas Acetylene, which is now being commonly used for lighting.

The peculiar merits of Acetylene light are its brilliance and high candle power, ease of installation, economy and its adaptability for lighting buildings of every description, regardless of their location.

Forrestry a Coming Profession. Forestry is one of the coming professions, according to all accounts. says the American Cultivator. Many of the States are just beginning to get fairly awake to the need of skilled care of their forest resources, and are hiring foresters and assistants at from \$1,200 to \$2,400 a year. During the past year about seven members of the force employed by the Government Bureau of Forestry have left their positions to take up work with private timber owners, and four others have accepted public positions as foresters for States and Canadian provinces. The demand seems to exceed the supply, as only a limited number can be trained in the Eureau of Forestry and through college courses in forestry.

A man who is in good condition in all respects is almost germ proof by nature. But many a man who thinks nimself in good condition is far from being so.

There has been more bloody rioting against the Jews. So. 37.

# PAINFUL PERIODS american women find relief

The Case of Miss Irene Crosby Is One of Thousands of Cures Made by Lydia E. Pinkham's Vegetable Compound.

How many women realize that menstruation is the balance wheel of a woman's life, and while no woman is entirely free from periodical suffering. it is not the plan of nature that women



Thousands of American women, however, have found relief from all monthly suffering by taking Lydia E. Pinkham's Vegetable Compound, as it is the most thorough female regulator known to medical science. It cures the condition which causes so much discomfort and robs menstruation of its terrors.

Miss Irene Crosby, of 313 Charlton Street East Savannah, Ga., writes: "Lydia E. Pinkham's Vegetable Compound is a true friend to woman. It has been of great benefit to me, curing me of irregular and painful menstration when everything else had failed, and I gladly recommend it to

other suffering women. Women who are troubled with painful or irregular menstruation, backache, bloating (or flatulence), leucorrhœa, falling, inflammation or ulceration of the uterus, ovarian troubles, that "bearing-down" feeling, dizziness, faintness, indigestion, nervous prostration or the blues, should take immediate action to ward off the serious consequences, and be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound, and then write to Mrs. Pinkham, Lynn, Mass., for further free ad-Thousands have been cured by vice. so doing.

# FEW UTTING REMARKS CUTTING

The purpose of a saw is to cut.

It should cut easily, cut cleanly, and cut with every movement.

I prefer an Atkins Naw. Its blade is "Silver Steel", recognized the world over as the finest cruicible steel ever made in ancient or modern times. It is hard, close-trained and tough. It holds a sharp-cutting edge longer than any other Naw. Its blade tapers perfectly from thick to thin, from handle to tip. Thus it makes leeway for itself, runs easily and does not buckle. Its temper is perfect. When bent by a crocked thrust, it springs into shape without kinking. The Atkins Naw cuts—and does it lest of any. We make all types and sizes of saws, but only

We make all types and sizes of saws, but only one grade—the best.

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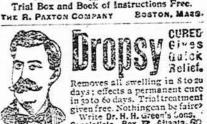
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Address of (i) persons of part Indian blood who are not living with any tribe.

(2) of men who were draited in Keatneky, (2) of mothers of soldiers who have been denied pension on secount of their removrance, (d) of men who served in the Federal arm, or (i) the mearest kin of such soldiers or sallors, now deceased.

NATHAN BICKFORD, Attorney, Washington, D. C.

